

# spa services



*Enhance your coastal escape with a relaxing massage or other signature service.*

## BEACH HOUSE MASSAGE

Let us help remind you of one good reason you came to the beach...to relax. These wave-like strokes combine several styles of massage to help soothe the body and relax the mind.

60 Minutes \$115.00

90 Minutes \$165.00

## AROMATHERAPY MASSAGE

Combine the relaxation of massage with aromatic infused oils. Select one of our two unique blends to soften and moisturize precious skin, leaving it silky and smooth. This massage enhances relaxation and balance.

60 Minutes \$120.00

90 Minutes \$170.00

## SPORTS MASSAGE

Just what the trainer ordered. This invigorating massage may be customized to fit your particular athletic endeavor. Whether training for a marathon or cooling down after a vigorous mountain bike ride, this massage will enhance your training regime.

60 Minutes \$125.00

90 Minutes \$175.00

## RELAXATION COUPLES MASSAGE

Enjoy two side-by-side Beach House, Aromatherapy Massages or Sports Massages in the tranquil setting of our Spa Room.

60 Minutes \$260.00

## REIKI

Reiki is an ancient form of healing, which is designed to balance and align the subtle energies of the body. Reiki means “universal life force” in Japanese. A peaceful, healing energy is transmitted through the hands. Reiki’s gentle yet powerful energy brings harmony and balance to body, mind and spirit.

60 Minutes \$105.00

## PRIVATE YOGA

Enhance your stay on the coast with a private yoga session designed specifically for your individual needs. A certified instructor will guide you in the privacy of your own ocean loft to relax you in mind, body and spirit.

60 Minutes \$105.00

**To schedule an appointment or to purchase a gift certificate please call 650.712.3327**

Guests and visitors can enjoy services seven days a week, 8:00 am to 6:00 pm (by appointment only). For your convenience, all spa treatments may be billed to your guest room. Gratuities are not included in the listed price. When scheduling an appointment please notify the therapist of any existing medical conditions or if you are pregnant. In-room massage services may be provided for an additional \$20.00. Please know we require a 24-hour cancellation notice or the full service amount will be charged. Prices subject to change.

*Beach House*

HALF MOON BAY

